Supplemental Table 4. Changes in systolic blood pressure and the ansewer to questionnaire 1 among first, 2012 and last visit in subgroups and slope of eGFR before and after 2012 according to the presence or absence of hypertension in 2012

| Presence or absence of Hypertension in 2012 | Systolic blood pressure |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1st Visit |  |  |  | 2012 |  |  | Last Visit |  |  | $\begin{aligned} & \text { p for among } \\ & 3 \text { visits } \end{aligned}$ |
|  | $\begin{gathered} \text { number of } \\ \text { data } \end{gathered}$ | mean |  | SD | mean |  | SD | mean |  | SD |  |
| Presence of Hypertension in 2012 | 497 | $13{ }^{\text {b }}$, ${ }^{\text {c }}$ | $\pm$ | 17 | $134{ }^{\text {a }}$ | $\pm$ | 17 | $135^{\text {a }}$ | $\pm$ | 18 | 0.000 |
| With antihypertensive medicines | 391 | $138{ }^{\text {b,c }}$ | $\pm$ | 18 | $130^{\text {a,c }}$ | $\pm$ | 16 | $133^{\text {a,b }}$ | $\pm$ | 16 | 0.000 |
| SBP 140 mmHg or more without medicines | 106 | $140^{\text {b, c }}$ | $\pm$ | 16 | $150^{\text {a,c }}$ | $\pm$ | 9 | $145^{\text {a,b }}$ | $\pm$ | 19 | 0.000 |
| Abscence of Hypertension in 2012 | 608 | $119^{\text {b.c }}$ | $\pm$ | 15 | $117^{\text {a,c }}$ | $\pm$ | 13 | $124^{\text {a }}$, | $\pm$ | 17 | 0.000 |
|  | Answer to questionnaire 1 <br> (Are you taking antihypertensive medicines?) |  |  |  |  |  |  |  |  |  |  |
| Presence or absence of Hypertension in 2012 | $\begin{gathered} \text { number of } \\ \text { data } \end{gathered}$ | 1st Visit |  |  | 2012 |  |  | Last Visit |  |  | $\begin{gathered} \hline \text { p for among } \\ 3 \text { visits } \end{gathered}$ |
| Presence of Hypertension in 2012 |  |  |  |  |  |  |  |  |  |  |  |
| Percentage of participants who answered "Yes" (\%) | 497 |  | 59.2 |  |  | 78.7 |  |  | 82.3 |  |  |
| Mean point of answer number |  | $1.41^{\text {b.c }}$ | $\pm$ | 0.49 | $1.21{ }^{\text {a }}$ | $\pm$ | 0.41 | $1.18^{\text {a }}$ | $\pm$ | 0.38 | 0.000 |
| With antihypertensive medicines |  |  |  |  |  |  |  |  |  |  |  |
| Percentage of participants who answered "Yes" (\%) | 391 |  | 74.2 |  |  | 00.0 |  |  | 93.9 |  |  |
| Mean point of answer number |  | $1.26{ }^{\text {b.c }}$ | $\pm$ | 0.44 | $1.00^{\text {a }}$ c | $\pm$ | 0.00 | $1.06{ }^{\text {a }}$ b | $\pm$ | 0.24 | 0.000 |
| SBP 140 mmHg or more without medicines |  |  |  |  |  |  |  |  |  |  |  |
| Percentage of participants who answered "Yes" (\%) | 106 |  | 3.8 |  |  | 0.0 |  |  | 39.6 |  |  |
| Mean point of answer number |  | $1.96{ }^{\text {c }}$ | $\pm$ | 0.19 | $2.00^{\text {c }}$ | $\pm$ | 0.00 | $1.60^{\text {a }}$ b | $\pm$ | 0.49 | 0.000 |

Abscence of Hypertension in 2012


Abbreviations are: SBP; systolic blood pressure, SD; standard deviation
Significantly differ compared to the $1^{\text {st }}$ visit
${ }^{\mathrm{b}}$ Significantly differ compared to 2012.
Significantly differ compared to the last visit.
The answer number for questionnaire 2 is converted to points.
As for the comparisons of the answer to questionnaire 2 between two points among three points, $\mathrm{p}<0.0167$ was defined to be statistically significant.

